



48th Annual Centerville Elk Relays Time Schedule

Friday April 14, 2023

4:00 pm- Men's: discus, hammer, high jump & long jump

Women's: shot put, high jump, pole vault & long jump

Boys Pole Vault will happen after the girls is complete

Men's & Women's triple jump will be 20 minutes after long jump & one flight of open pit

Long Jump & Triple Jump will be Open Pit of 90 minutes

Women's hammer after the men's hammer

3 throws for all throws, 3 jumps for all jumps

We have 2 pits so the Long Jump & High Jump will happen at the same time.

****at the conclusion of above, the corresponding m/w events will start****

****all field events are 3 person total****

****all running events contested women, then men- unless noted****

4:30 pm Running Events Start Time

4 x 1600 relay ****all running events contested women, then men- unless noted****

4 x 300 Low Hurdles (both at 30")

4 x 100 Relay

4 x 400 Relay

DMR (order) 1200, 400, 800 & 1600

SMR (order) 100, 100, 200 & 400

Shuttle hurdles 30" girls, 36" boys

Centerville Noon Optimists 4 x 400 Steeplechase Relay (girls) (24")

Centerville Noon Optimists 2000 Steeplechase girls 24",

Senior Night Activity (will be 15 minutes)

Centerville Noon Optimists 2000 Steeplechase boys 36"

Centerville Noon Optimists 4 x 400 Steeplechase Relay (boys) (36")

4 x 200 Relay

4 x 800 Relay

Trophy Presentation

¼ inch spike only

Entries & results on finishtiming.com